

Starting

HIGH SCHOOL in 2027

STUDENT SESSION



Claire Eaton will be sharing her popular session with tweens starting high school in 2027. Because tweens get one chance to step from primary to high school well, and every parent wants their child to feel equipped and ready to transition to year 7 with as much Resilience, Optimism, and Confidence as possible.

Claire draws on 30+ years' experience as a former educator and deputy principal and since 2007 in her role as a speaker, author, and private practice youth coach in Perth, WA.

Save the Date

Monday 25th January 2027



10am – 12 noon
Subiaco, Perth

Booking link:
claireeaton.com.au/events/

BE QUICK!
Only one session.
Limited tickets

Children will learn:

- ✓ Key brain changes happening at this time in their development
- ✓ Essential organising and focus strategies, and planning and productivity tools
- ✓ How to start good friendships, build great groups and reduce stressful drama
- ✓ Practical thinking strategies helpful in riding the highs and lows of high school
- ✓ Mindset strategies to boost self-esteem and handle inevitable changes and challenges
- ✓ Simple routines to lessen procrastination, manage time, prioritise and avoid overwhelm
- ✓ Ways to use year 7 as a set-up for success year and form strong foundations for year 8-12
- ✓ Tools to understand and navigate big emotions: stress, worry and anxiety at home and school

Parent Session
1- 2.30pm

SCHOOL REVIEWS

"Thank you for your wonderful presentation. I know the parents came away feeling more empowered to support their child throughout the next couple of years." Luisa Rossi, Head of Wellbeing - Corpus Christi College

"Offering the parent session was a great choice. Our community can share the language and strategies for the most impact on our students' wellbeing." Michael Anderson, Deputy Principal - Mazenod College

"It was absolutely wonderful to have you present to our girls last week - the feedback has been overwhelmingly positive. The students gained so much from the session, and we're very grateful for the way you connect with them." Susie Gill, Year 7 Pastoral and Academic Care Co-ordinator - PLC

"Claire's presentation certainly gave us the tools to deal with the challenges that will inevitably come their way." Nic Italiano, Head of Year 7 - Chisholm Catholic College

"Thank you again for your presentation last night. The parent feedback was phenomenal." Ian Thompson, Head of Pastoral-Student Wellbeing - St George's Anglican Grammar School

"Thank you so much for always sharing so much wisdom with our families. They absolutely loved your knowledge." Rachel Stenslunde, Dean of Boarding - St Hilda's



- ✓ No group work
- ✓ No public speaking
- ✓ No pressure

Resources
for high
schoolers

Claire Eaton

Youth Coach • Author • Speaker • Mentor

claireeaton.com.au

