

# PARENT SEMINAR

## HELLO HIGH SCHOOL 2023

Claire Eaton and Paul Litherland come together to present an evening of MINDSET, WELLBEING & INTERNET AWARENESS information. Practical strategies, tips and tools for parents with children transitioning to high school in 2023.

SATURDAY,  
JANUARY 28, 2023  
3pm to 5pm



Presenter

**CLAIRE EATON**

Author, Speaker  
& Youth Coach

[claireeaton.com.au](http://claireeaton.com.au)



Presenter

**PAUL LITHERLAND**

Founder Surf Online Safe  
2022 WA Australian of the Year

[surfonlinesafe.com.au](http://surfonlinesafe.com.au)

Memorial Hall - Scotch College  
76 Shenton Road, Swanbourne

Tickets - \$45 per person  
[www.trybooking.com/CCIZD](http://www.trybooking.com/CCIZD)

### CLAIRE EATON

For over 30 years, Claire has been working with young people. As a former Educator & now in her roles as Speaker & Youth Coach, Claire can provide parents with great strategies to help their children transition to high school with more resilience, optimism & confidence.

### PAUL LITHERLAND

As a former Technology Crime Police Officer & now as an Educator, Paul has worked at the coalface of online crime for 15 years. As one of the nations most sought after Internet Awareness educators, Paul can offer parents great advice on how to avoid the risks of the online world.