

Claire Eaton is a Youth Coach, Speaker, and author of 5 books for teenagers.

She is known for her practical and prevention-focused approach to teen wellbeing, beginning her career as a teacher and deputy principal.

To pursue her deep interest in the wellbeing of young people, Claire stepped away from education in 2007 to start her own coaching practice, which still supports teens today.

Now, Claire draws on her rich experience to coach teens and parents and speak in schools and at events like this today.

Please join me as we welcome Claire...