

## INTRODUCING

*Claire Eaton*

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Author, Speaker, Youth Coach

Claire Eaton is a Speaker, Youth Coach and Author of 4 books and Pep Talks Audio Series for teens.

She is known for her practical and prevention focused approach to teen wellbeing, and is sought after for the real and relevant ways she works with young people and parents.

Claire began her career as a classroom teacher and Deputy Principal, which quickly lead to her deep interest in social, mental and emotional health and wellbeing of young people.

In 2007 Claire left education to open her own youth coaching practice, which is still supporting teens today.

Now, Claire draws on her rich experience to coach, write books and speak in schools and at events.

Please join me as we welcome Claire...