

Introducing *Claire Eaton*

Claire Eaton is a speaker, youth coach and author of four books for teens:

ROC and RISE,

You are awesome,

Hello High School and its companion Planner.

Claire began her career as a teacher and deputy principal, which quickly lead to her deep interest in mindset, and the social and emotional wellbeing of young people.

In 2007 Claire left education to open her private coaching practice, which still supports teens, young adults, and parents today.

She is known for her 'keep it real' and prevention focussed approach to wellbeing, and is highly sought after to work with people and speak in schools and at events Australia-wide.

Please join me as we welcome Claire...

Claire Eaton
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