



PARENTING CONNECTION WA
PRESENTS
CLAIRE EATON

RAISING TODAY'S TWEENS AND TEENS WITH CONFIDENCE

Claire will shine a light on practical social, emotional and mental wellbeing tools parents and caregivers need to raise and support resilient young people in our modern and rapidly changing world.

We welcome all adults who have an influence in adolescents' lives.

EVENTS ACROSS: NORTHAM | KALGOORLIE
WILLIAMS | MANDURAH | ESPERANCE
GERALDTON | CARNAVON | EXMOUTH
MOUNT BARKER | ALBANY | PERTH

PARENTINGCONNECTIONWA.COM.AU

**Goodbye stress, overwhelm,
drama and doubt...
Hello teen resilience,
optimism and confidence in
life!**

Visit ClaireEaton.com.au



LEARN MORE ABOUT

- Mindset management and emotional regulation tools to nurture strong self-esteem.
- Mood boosting tips and think-well strategies to make life easier.
- Practical skills to handle change, challenges and setbacks with confidence.
- Simple steps to increase organisation and productivity, and manage time well at school and home.
- Tips for building healthy friendships, finding their fit and staying true to themselves.

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Government of Western Australia
Department of Communities



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