

Introducing *Claire Eaton*

Claire Eaton is a speaker, youth coach and author of two books for teens, Hello High School and ROC and Rise.

She is known for her practical and prevention focussed approach to social, emotional and mental wellbeing and is sought after for the real and relevant ways she works with audiences of all ages. Claire began her career as a teacher and deputy principal, which quickly lead to her deep interest in mindset management and emotional and social intelligence.

In 2007 Claire left education so she could share her passion with people and open her private coaching practice, which is still supporting young people and families today.

Claire draws on her rich professional and varied personal experience to coach, write books, and speak at events Australia wide.

Please join me as we welcome Claire...

Claire Eaton
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