

Claire Eaton

ROC Mindset Coach for Youth & Parents

RESILIENCE OPTIMISM CONFIDENCE

brings HELLO HIGH SCHOOL presentations to your primary school.

Year 6 students and their families will take away tween-friendly tools, tips and strategies needed to transition from primary to high school with less stress and more success in 2022.

Claire Eaton, WA speaker, youth coach and author of **ROC and Rise** and **Hello High School**, will guide students through the BIG 5 – five practical strategies which boost high school (**roc**) resilience, optimism, and confidence from the inside out.



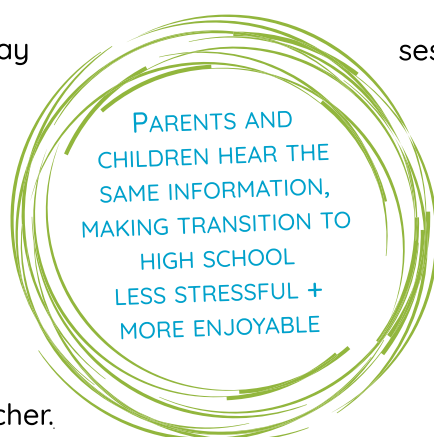
Welcome **HELLO HIGH SCHOOL** presentations to your primary school.

»»» **ONE DAY - TWO SESSIONS**
available to book Monday - Thursday

»»» **Student session**
Year 6 students together
60-75 minutes

»»» **Parent session**
Unlimited numbers
90 minutes, 6.30pm - 8pm

»»» **Claire's requirements:**
School contact person - year 6 teacher.
Projector, screen and microphone.
Laptop prepared for USB.



Hello High School <<<
sessions are only available in term 4

One school <<<
Cost - \$1100 + GST

Keen to collaborate with <<<
a neighbouring school?
Two Schools, One location
Cost - \$1800 + GST

Tip! <<<
School P&C's love to get involved,
and farewell year 6s in style!

Want to know more? Be in touch with Claire or Mel from Claire's team

info@claireeaton.com.au | 0427 100 371 | www.claireeaton.com.au

“Super helpful and it made the first term of high school so much easier” - Max
“Grateful I got this before I started year 7” - Elle
“This helped me feel less anxious” - Charlie

”